

# SIGNS OF SENSORY PROCESSING DISORDER

- Shudders, gags, or vomits when attempting to try certain foods
- Avoids specific types of food (e.g. purees or chewy foods)
- Is fearful of trying new foods
- Insists on only eating certain brands of food
- Is unable to eat or does not eat well unless at home
- Limits self to food at a specific temperature
- Prefers bland foods and refuses most savory or intense flavors
- Craves intense foods
- Over-chews food
- Under-chews food and attempts to swallow large pieces
- Overstuffs mouth
- Requires liquids to swallow most bites of food
- Underreacts to hot and/or spicy foods
- Overreacts or underreacts to odors
- Consistently “slumps” at the table or is unable to stay in seat
- Has difficulty achieving gross or fine motor skill milestones, especially those related to eating

## RESOURCES IN WESTCHESTER:

### WESTCHESTER THERAPY SOLUTIONS

50 Mamaroneck Ave, Suite  
412  
Harrison, NY 10528  
914-686-3116

### CREATIVE WONDERS THERAPY CENTER

Mount Kisco Location  
101 South Bedford Road,  
Suite 404  
Mount Kisco, NY 10549  
914-373-6823

White Plains Location  
470 Mamaroneck Avenue,  
Suite 204  
White Plains, NY 10605  
914.421.8272

### KIDABILITIES

1 Skyline Drive, Suite 298  
Hawthorne, NY 10532  
914-347-5900

### WESTCHESTER OCCUPATIONAL THERAPY ASSOCIATES

200 Business Park Drive,  
Suite 301  
Armonk, New York 10504  
914-730-0210